

# The County of Centre

## PROCLAMATION

NUMBER 2 OF 2012

**WHEREAS**, more than one-third of children and more than two-thirds of adults are overweight or obese in the United States; and

**WHEREAS**, obesity is associated with numerous health problems, including Type 2 diabetes, hypertension, heart disease, stroke, colon, esophageal and kidney cancer, Alzheimer's disease, depression, kidney disease, liver disease, asthma, sleeping disorders and arthritis; and

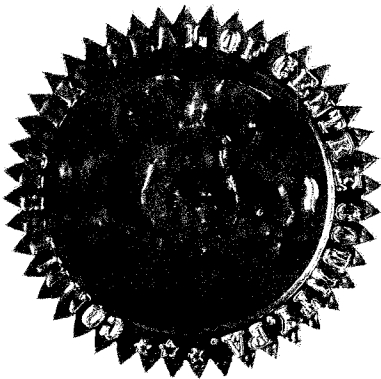
**WHEREAS**, obesity is a national epidemic that kills more than 110,000 Americans and costs more than \$150 billion in health care each year; and

**WHEREAS**, Pennsylvania is 19th in obesity state rankings with nearly 15 percent of children and 29 percent of adults obese; and

**WHEREAS**, obesity is preventable and curable; a federal program called 'Let's Move' was established to focus parents, communities, schools and corporations on helping children exercise more and eat healthier to tackle the obesity epidemic;

**NOW, THEREFORE BE IT RESOLVED**, the Centre County Board of Commissioners does hereby proclaim February 2012 as "Let's Move Centre County Month" and urges everyone to get involved in this important initiative to ensure a healthy future for our children.

**ADOPTED** this 7<sup>th</sup> day of February, 2012



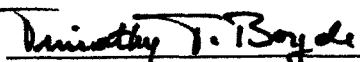
CENTRE COUNTY BOARD OF COMMISSIONERS

  
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Michael Pipe

ATTEST:

  
Timothy T. Boyde, Director  
Administrative Services